

FRANCISCO FROES

CINEMA

- 2025, "Última Noite", Directed by Tiago R. Santos, Fado Filmes
- 2024, "Lavagante", Feature Filma, Diected by Mário Barroso, Leopardo Filmes
- 2024, "Love Hotel", Feature Film, Directed by Hermano Moreira, Produced by Volken Filma
- 2023, "Cândido", Feature Film, Directed by Jorge Paixão da Costa, Produced by Ukbar Filmes
- 2022, "Abandonados", Directed by Francisco Manso, Francisco Manso Produções
- 2018, "The Time Capsule", Directed by Bradford May (USA)
- 2018, "Solum", Directed by Diogo Morgado
- 2018, "Parque Mayer", Directed by António-Pedro Vasconcelos
- 2015, "Adam Goes Outside", Short, Directed by Brandon Zinn (USA)
- 2016, "Charming", Short, Directed by Tom Albanese (USA)
- 2014, "Desastre L.A.: O Último Apocalipse Zombie", Directed by Turner Clay (USA)
- 2014, "Coma", Short, Directed by Nare Mkrтчyan (USA)
- 2012, "Machine", Short film, Directed by Jack Carter (USA)
- 2012, "Deste Lado da Ressurreição", Directed by Joaquim Sapinho
- 2011, "Noite de Paz", Directed by Jorge Cardoso
- 2010, "Notes", Short, Directed by Raquel Fausto



CONTACTS

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LANGUAGES

Portuguese, English and Spanish

CHARACTERISTICS

Eyes: Green

Hair: Brown

Height: 1,80m

SKILLS

Sports: Football, Rugby, Tennis, Skate, Bodyboard, Surf, Snowboard, Martial Arts, Jazz Dance, Ballet, Modern Dance, Volleyball, Basketball and Baseball

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TELEVISION

- 2026, “Destino Maior”, SIC, SP Televisão
- 2023, “A Travessia”, TV series, Produced by David & Golias, RTP
- “Flor Sem Tempo”, Soap Opera, SIC
- 2023, “Serpentina - Contado por Mulheres”, Directed by Laura Seixas, Ukbar Filmes, RTP
- 2022/23, “Flor sem Tempo, Soap Opera, SP Televisão, SIC
- 2022, “Madrugada Suja”, Directed by Sebastião Salgado, Produced by Maria & Mayer, RTP
- 2022, “Abandonados”, TV Series, Production Francisco Manso, RTP1
- 2021, “3 Mulheres”, 2nd Season, TV Series, Fernando Vendrell, Production David & Golias, RTP1
- 2017, “No Actor Parking”, TV Series, Pocket Man Entertainment
- 2008, “Rebelde Way”, Soap Opera, T.D.N., SIC
- 2006, “Câmara Café”, TV Series/Soap Opera, NPE, RTP
- 2005, “Morangos Com Açúcar”, TV Series, Plural, TVI

TRAINING

- The Imagined Life Studio, Diana Castle
- The Neighborhood Playhouse, Acting Program, New York (2 years)
- John Ruskin School Of Acting, Scene Study, Master Teachers
- Dan Velez Acting Studio, Scene Study & Audition Technique
- Private Coaching, Gloria de Matos
- Lee Strasberg's Method Acting (Introduction), Isabel Ruth